

3rd Annual Faith and Family Walk/Run Zion Lutheran Church September 18, 2010

8:00 – 11:00 Pancake Breakfast
8:30 – 9:15 Race Registration
9:30 10 km Walk Begins
10:00 5km Walk/Run and 10km Run Begins

- 5K walk/run
- 10K walk/run
- Door prizes
- Early registration \$20.00
- Late registration \$25.00
- Breakfast only \$3.00

Race registration package includes: pledge forms, breakfast, shirt, water and after race snacks

For more information contact Lorelee @ 446-4361 or Lisa @ 446-1508

Registration forms available at the church office or at
www.battlefordslutheran.sk.ca

INVITE YOUR FRIENDS AND FAMILY

**All Proceeds to support The Battlefords and District
Food and Resource Centre.**